











Tappa
14
cronotabella

AOSTA - PILA (Gressan)

km 133

sabato 23 maggio 2026

D = 4350 m

Quota			DISTANZE			ORA DI PASSAGGIO		
			par- ziali	per- corse	da per- correre	media km/ora		
						34	32	30
REGIONE VALLE D'AOSTA								
			>>>>>					
	583 AOSTA	↑ Start Village	4.9			12.55	12.55	12.55
	561 AOSTA	↑ km 0	0.0	0.0	133.0	13.05	13.05	13.05
	649 Quart	↩ (Villair) - sr.37	2.1	2.1	130.9	13.10	13.10	13.11
	1106 Ville sur Nus	↑ sr.37-sr.36	7.6	9.7	123.3	13.27	13.29	13.31
	1619 Saint-Barthélémy	↑ sr.36	8.4	18.1	114.9	13.46	13.49	13.53
	1635 Lignan	↑ sr.36	2.5	20.6	112.4	13.49	13.53	13.57
	1515 Issologne	↑ ss.36	2.4	23.0	110.0	13.52	13.55	14.00
	1047 Blavy	↑ sr.36	6.9	29.9	103.1	14.00	14.04	14.09
	539 Nus	↩ via Aosta-sr.36	6.5	36.4	96.6	14.08	14.12	14.17
	843 Roisan	↑ sr.17	6.2	53.9	79.1	14.37	14.43	14.50
	802 Ins. sr.28	↩ sr.28	2.1	56.0	77.0	14.39	14.45	14.52
	923 Valpelline	↩ Fraz. Arliod	2.7	58.7	74.3	14.45	14.52	15.00
	1173 Doues	↩ sr.29	3.1	61.8	71.2	14.54	15.02	15.10
	1164 Champsavinal	↑ sr.29	2.2	64.0	69.0	14.57	15.04	15.13
	779 Rhins	↑ sr.28	5.6	69.6	63.4	15.03	15.11	15.21
	777 Variney	↩ galleria (140m) - ss.27	3.1	72.7	60.3	15.07	15.15	15.25
	697 Sarailon (Chataignier)	↩ sr.38	2.0	74.7	58.3	15.09	15.18	15.27
	1284 Lin Noir	↑ sr.41	7.6	82.3	50.7	15.31	15.41	15.53
	1237 Mondache	↑ sr.41	2.8	85.1	47.9	15.34	15.45	15.57
	1451 Homené-Dessous	↑ sr.41	5.0	90.1	42.9	15.45	15.57	16.10
	1587 Verrogne	↑ sr.41	2.0	92.1	40.9	15.50	16.02	16.16
	1218 Saint-Nicolas	↩ sr.22	6.7	98.8	34.2	15.58	16.10	16.24
	678 Saint-Pierre	↩ ss.26	8.3	107.1	25.9	16.08	16.20	16.35
	658 Villeneuve	↩ Ponte su Dora Baltea	1.5	108.6	24.4	16.10	16.22	16.37
	640 Aymavilles	↑ sr.20	3.1	111.7	21.3	16.13	16.26	16.41
	616 Red Bull km	↑ sr.20	4.3	116.0	17.0	16.18	16.31	16.46
	620 Gressan	↩ sr.40	0.5	116.5	16.5	16.19	16.32	16.47
	1413 Les Fleurs	↩ strada per Pila	11.6	128.1	4.9	16.45	17.00	17.17
	1793 PILA (Gressan)	↑	0	4.9	133.0	0.0	16.58	17.15

NOTE:

 **Red Bull km**

km 115 - 116

 **Traguardi Volanti / Intermediate Sprints:**

km 53.9 - Roisan

 **Gran Premio della Montagna:**

km 18.1 - Saint-Barthélémy - m 1619 (1ª cat.)

km 61.8 - Doues - m 1173 (3ª cat.)

km 82.3 - Lin Noir - m 1284 (1ª cat.)


km 92.1 - Verrogne - m 1587 (2ª cat.)

km 133 - PILA (Gressan) - m 1793 (1ª cat. - Arrivo/Finish)

 **Feed/Litter zone: km 49.2**

 **Bidon/Litter zone: km 16 - 59.6 - 80 - 90.4 - 120.3**

 **Litter zone: km 129.9**

 **Galleria/Tunnel: km 72.7**

 **Passaggio a Livello/Level Crossing: km**