

Tappa
03
cronotabella

VLORE (VALONA) - VLORE (VALONA)

km 160

domenica 11 maggio 2025

D = 2800 m

Quota			DISTANZE			ORA DI PASSAGGIO		
			par- ziali	per- corse	da per- correre	media km/ora		
						44	42	40
						>>>>>		
	4	VLORE (VALONA)	↑	Start Village	5.2	13.15	13.15	13.15
	8	VLORE (VALONA)	↑	km 0	0.0	13.25	13.25	13.25
	95	Hasanaj	↩	SH76-SH77	7.8	7.8	152.2	13.34
	58	Peshkëpi	↩	SH82-SH76	6.8	14.6	145.4	13.42
	89	Kotë	↑	SH76	10.0	24.6	135.4	13.54
	167	Qafa Dushkot	↩	SH76	2.2	26.8	133.2	13.57
	171	Gjorm	↑	SH76	7.7	34.5	125.5	14.07
	236	Brataj	↑	SH76	6.1	40.6	119.4	14.15
	254	Kallarat	↑	SH76	11.2	51.8	108.2	14.29
	554	q. Mbretes	↑	SH76	10.6	62.4	97.6	14.43
	577	q. Shakelles	↑	SH76	3.0	65.4	94.6	14.47
	8	Qeparo	↩	SH8	11.6	77.0	83.0	15.00
	53	Porto Palermo	↑	SH8	6.0	83.0	77.0	15.08
	94	Qafa Lerës	↑	SH8	1.4	84.4	75.6	15.10
	5	Himare	↑	SH8	3.8	88.2	71.8	15.14
	375	Qafa e Vishes	↑	SH8	6.8	95.0	65.0	15.29
	301	Ilias	↑	SH8	6.0	101.0	59.0	15.36
	135	Gjilek	↑	SH8	6.1	107.1	52.9	15.44
	250	Bridge Via Bianka	↑	SH8	3.8	110.9	49.1	15.48
	348	Tunnel road crossing	↩	SH8	1.6	112.5	47.5	15.52
	1030	Qafa e Llogarasë	↑		9.1	121.6	38.4	16.17
	404	Tunnel road crossing	↑	SH8	7.8	129.4	30.6	16.26
	138	Dukat i Ri	↑	SH8	6.0	135.4	24.6	16.33
	10	Orikum	↑	SH8	7.8	143.2	16.8	16.43
	8	Galleria	↑	120m	11.3	154.5	5.5	16.56
	3	Rruga Murat Tërbaçi	↑		1.4	155.9	4.1	16.57
	4	VLORE (VALONA)	↑	Rruga Sadik Zotaj	4.1	160.0	0.0	17.02

NOTE:

-  **Traguardo Intergiro / Intergiro Sprint**
km 88.2 - Himara
-  **Traguardi Volanti / Intermediate Sprints:**
km 34.5 - Gjorm
km 107.1 - Gjilek
-  **Gran Premio della Montagna:**
km 65.4 - q. Shakelles - m 577 (4ª cat.)
km 121.6 - Qafa e Llogarasë - m 1030 (2ª cat.)
-  **Galleria/Tunnel:** km 154.5
-  **Passaggio a Livello/Level Crossing:** km