

Tappa
13
















BORGOFRANCO D'IVREA - CRANS MONTANA (Valais)

km 199

cronotabella

venerdì 19 maggio 2023

D = 4400 m

Quota			DISTANZE			ORA DI PASSAGGIO			
			par- ziali	per- corse	da per- correre	media km/ora			
						36	34	32	
PROVINCIA DI TORINO									
>>>>>									
	255	BORGOFRANCO D'IVREA	↑ Start Village	2.8			11.00	11.00	11.00
	261	BORGOFRANCO D'IVREA	↑ km 0	0.0	0.0	199.0	11.05	11.05	11.05
REGIONE VALLE D'AOSTA									
	345	Pont-Saint-Martin	↑ v.Chanoux-ss.26	9.6	9.6	189.4	11.18	11.19	11.19
	360	Bard	↑ galleria 30m-ss.26	5.3	14.9	184.1	11.25	11.26	11.27
	354	Arnad	↑ ss.26	4.7	19.6	179.4	11.31	11.32	11.33
	381	Verrès	↔ v.Cad.Libertà -ss.26	3.6	23.2	175.8	11.36	11.37	11.38
	385	Montjovet	↑ ss.26	5.4	28.6	170.4	11.43	11.45	11.46
	583	Saint-Vincent	↔ v.Roma-v.Piemonte	5.9	34.5	164.5	11.52	11.54	11.56
	495	n.2 gallerie	↑ (260mj, 217m) -ss.26	3.0	37.5	161.5	11.55	11.58	12.00
	528	galleria	↑ 212m - ss.26	1.1	38.6	160.4	11.57	11.59	12.02
	485	Chambave	↑ ss.26	4.7	43.3	155.7	12.03	12.05	12.08
	540	Nus	↑ ss.26	5.9	49.2	149.8	12.11	12.14	12.17
	597	Aosta	↑ v.G.S.Bernardo	12.6	61.8	137.2	12.28	12.32	12.37
	782	Ins. ss.27	↔ ss.27	3.5	65.3	133.7	12.37	12.42	12.47
	935	Gignod	↑ galleria 150m - ss.26	3.7	69.0	130.0	12.46	12.51	12.57
	1244	galleria 146m	↑ ss.26	7.5	76.5	122.5	13.04	13.11	13.19
	1264	Etroubles	↑ ss.27	1.3	77.8	121.2	13.06	13.13	13.21
	1498	Saint-Rhémy-en-Bosses	↑ ss.27	3.8	81.6	117.4	13.15	13.23	13.32
	1878	Salita del Gran San Bernardo	↑ ss.27	5.9	87.5	111.5	13.29	13.38	13.48
	1879	Ingresso Strada Tunnel	↑ T2	0.1	87.6	111.4	13.29	13.38	13.49
	1875	Ingresso Tunnel	↑ 5798 m - T2	0.5	88.1	110.9	13.30	13.39	13.49
SVIZZERA - CANTON VALAIS/VALLESE									
	1915	Ins. Strada Colle	↑ N21	6.5	94.6	104.4	13.38	13.48	13.59
	1327	Liddes	↑ N21	11.1	105.7	93.3	13.52	14.02	14.14
	851	Orsières	↑ N21	8.3	114.0	85.0	14.02	14.12	14.24
	800	n.2 gallerie	↑ 130m - paramassi 100m	2.3	116.3	82.7	14.05	14.15	14.27
	712	Sembrancher	↔ Rte de la Vallée	2.7	119.0	80.0	14.08	14.19	14.31
	822	La Châble	↔ Rte de Verbier	5.4	124.4	74.6	14.15	14.27	14.39
	1491	Verbier	↑ Pi. Centrale	8.9	133.3	65.7	14.40	14.54	15.10
	2174	Croix de Coeur	↑	6.5	139.8	59.2	15.02	15.18	15.37
	1508	La Tzoumaz	↑ Rte des Mayens	8.5	148.3	50.7	15.12	15.29	15.48
	1280	n. 6 gallerie	↑ 330m, 280m, 275m, 70m, 80m, 150,	3.3	151.6	47.4	15.16	15.33	15.53
	472	Riddes	↔ Rte Cantonale	10.5	162.1	36.9	15.28	15.46	16.06
	487	Aproz	↑ Rte de Riddes	9.1	171.2	27.8	15.41	15.59	16.20
	493	Sion	↔ R.te de Chippis	5.1	176.3	22.7	15.48	16.06	16.27
	505	Granges	↔ Rte de la Crête-Blanche	8.5	184.8	14.2	15.59	16.18	16.40
	509	Bv. per Lens/Crans Montana	↔ Rte Cantonale	1.2	186.0	13.0	16.01	16.20	16.42
	1130	Lens	↑ Rue Principale	7.9	193.9	5.1	16.23	16.44	17.09
	1456	CRANS MONTANA	↑ Rte Touristique	5.1	199.0	0.0	16.34	16.57	17.22

NOTE:



Traguardo Volante:

km 49.2 Nus

km 133.3 Verbier



Gran Premio della Montagna:

km 87.5 - Salita del Gran San Bernardo - m 1878 (1ª cat.)

km 139.8 - Croix de Coeur - m 2174 (1ª cat.)

km 199 - CRANS MONTANA - m 1456 (1ª cat. - arrivo)



Galleria/Tunnel: km 14.9 - 37.5 - 38.6 - 69 - 76.5 - 88.1 - 116.3 - 151.6



Passaggio a Livello/Level Crossing: km