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Area	FOP	Remarks	Direction	Race Distance (km)	Race Distance to go (km)	Speed 36km/h	Speed 34km/h		
	Depart					13:00	13:00		
Tokyo	Musashinonomori Park Exit	Parade	Parade		0.4	9.6	13:01	13:01	
	Nogawa Park				0.6	9.4	13:01	13:01	
	International Christian University Gate				1.3	8.7	13:03	13:03	
	Maehara Koban				4.5	5.6	13:09	13:09	
	(Crossing Sakura-dori/Koganei-kaido)				6.5	3.5	13:13	13:13	
	Keyaki-Namiki N.				7.2	2.8	13:14	13:14	
	Kotobukicho 1	Obstacles both sides			7.4	2.6	13:15	13:15	
	Okunitama Jinja (shrine entrance)	Deviation			7.8	2.2	13:16	13:16	
	Okunitama Shrine Sando	Narrow			7.9	2.1	13:16	13:16	
	(Okunitama Shrine West Gate)	Narrow			8.0	2.0	13:16	13:16	
	(Okunitama Shrine Nishi (west))				8.2	1.8	13:16	13:16	
	Koremasa Brdg. N.	Race start		Kilometre Zero		0.0	137.0	13:20	13:20
	(Sanwa Supermarket Inagi)					1.7	135.3	13:23	13:23
Koyodaishogakko S.				2.5	134.5	13:24	13:24		

Area	FOP	Remarks	Direction	Race Distance (km)	Race Distance to go (km)	Speed 36km/h	Speed 34km/h	
Tokyo	Inagigochu Entrance			3.0	134.0	13:25	13:25	
	Kujirabashi			3.9	133.1	13:26	13:27	
	Inagi Chuo Park			4.1	132.9	13:27	13:27	
	(Kasayato Shinsui Park North)			5.0	132.1	13:28	13:29	
	Nagamine 2			5.4	131.6	13:29	13:29	
	Wakabadai Park-W			6.0	131.0	13:30	13:30	
	(Tsutaya book store)/Wakabadai Okanote St			6.2	130.8	13:30	13:31	
	Wakabadaishogakko W			7.1	129.9	13:32	13:32	
	Tama Higashi Park			7.4	129.6	13:32	13:33	
	Hijirigaoka 4-chome			7.8	129.2	13:33	13:33	
	(Tama Ōnishi)/Hijirigaoka Gakuen St			8.0	129.0	13:33	13:34	
	Hijirigaoka 2-chome			8.8	128.2	13:34	13:35	
	Hijirigaoka 1-chome			9.8	127.2	13:36	13:37	
	Tama Mahikizawa			10.4	126.7	13:37	13:38	
	Tama Higashi Park			11.8	125.2	13:39	13:40	
	Tama Sogo Centre	Bollard			13.9	123.1	13:43	13:44
	Tama Wholesale Market				14.3	122.7	13:43	13:45
	Minami Toyogaoka Field				15.3	121.7	13:45	13:46
Toyogaokasho Iriguchi				16.7	120.3	13:47	13:49	

Area	FOP	Remarks	Direction	Race Distance (km)	Race Distance to go (km)	Speed 36km/h	Speed 34km/h	
Tokyo	Tama Aokiba			16.9	120.1	13:47	13:49	
	Tama Regional Hospital			18.2	118.8	13:50	13:51	
	Shimada Ryoiku Centre (Tama New Town-Dori Ave)			18.5	118.5	13:50	13:52	
	Matsugatani Tunnel	Tunnel		18.9	118.1	13:51	13:52	
	Oyama Dairi Tunnel	Tunnel		23.8	112.2	13:59	14:01	
	Tama New Town	Descending and turn to right		24.9	112.1	14:00	14:03	
	Sakashita (crossing)			27.2	109.8	14:04	14:07	
	Inari Bridge (entrance of R16 side road)	Road narrow		27.3	109.7	14:04	14:07	
Kanagawa	Moto-Hashimoto			27.7	109.3	14:05	14:08	
	Underpass of JR Yokohama Line	Road narrow		28.1	108.9	14:06	14:08	
	Aihara 2-chome			28.6	108.4	14:07	14:09	
	Aiharadai	Winding descent		29.0	108.0	14:07	14:10	
	Kubosawa			31.8	105.2	14:12	14:15	
	Kubosawa Minami Park	Winding descent		31.9	105.1	14:12	14:15	
	Ogura Bridge East	Road narrow		32.5	104.5	14:13	14:16	
	Araku Bridge	Road narrow/Road centre obstacle		35.1	101.9	14:17	14:20	
	Kushikawabashi Bridge/Litter Zone	Litter Zone 100m long	 		37.6	99.4	14:21	14:24
	Seki Crossing			39.0	98.0	14:23	14:27	
Aoyama (crossing)			41.4	95.6	14:27	14:31		

Area	FOP	Remarks	Direction	Race Distance (km)	Race Distance to go (km)	Speed 36km/h	Speed 34km/h
Kanagawa	Tunnel	Tunnel	↑	49.0	88.0	14:41	14:46
	Ryogoku Bridge			55.4	81.6	14:53	14:59
Yamanashi	Litter Zone start		↑	66.2	70.8	15:14	15:21
	Doshi Village City Hall/Feed Zone A/Time Out Point/Litter Zone finish			66.3	70.7	15:14	15:21
	Feed Zone finish/Litter Zone start			66.6	70.4	15:14	15:21
	Litter Zone finish			66.7	70.3	15:15	15:22
	Yamayuri Centre			69.9	67.1	15:21	15:28
	Yamabushi Tunnel	Tunnel		↘	80.1	56.9	15:40
	Hirano (Crossing)/Descent	Winding descent	⚡	84.2	52.8	15:45	15:53
	Myōjin (Crossing)		↑	90.3	46.7	15:54	16:04
	Litter Zone start	Time Out Point		93.6	43.4	16:00	16:09
	Asahigaoka (Crossing) Feed Zone A/Time Out Point/Litter Zone finish	Start of ITP 1		↘	93.7	43.3	16:00
Feed Zone finish/Litter Zone start		↑		94.2	42.8	16:01	16:11
Litter Zone finish		↘	94.3	42.7	16:01	16:11	
Kagosaka Pass	ITP 1	↘	96.6	40.4	16:07	16:17	
Shizuoka	Subashiri Crossing to Sengen Shrine	Descent	⚡	102.4	34.6	16:14	16:24
	Subashiri Honchō/Winding descent		↑	103.0	34.0	16:14	16:25
	(Okamura Manufacturer/Winding descent		↙	106.2	30.8	16:18	16:29

Area	FOP	Remarks	Direction	Race Distance (km)	Race Distance to go (km)	Speed 36km/h	Speed 34km/h	
Shizuoka	(ena Mount Fuji Camp 2)			106.9	30.1	16:19	16:30	
	FSW East Gate			112.1	24.9	16:27	16:39	
	Litter Zone start	 		114.1	22.9	16:31	16:42	
	Litter Zone finish/Feed Zone C start			114.2	22.8	16:31	16:42	
	Feed Zone C finish/Litter Zone start			114.5	22.5	16:31	16:43	
	Litter Zone finish	 		114.6	22.4	16:32	16:43	
	FSW Finish Line	Time Out Point			118.6	18.4	16:38	16:50
	FSW 1st Corner	Road Narrow/ Winding			119.3	17.7	16:39	16:51
	FSW East Gate (front)				121.3	15.7	16:42	16:55
	Ringer Hut Crossing	Ringer Hut Crossing			122.7	14.3	16:45	16:57
	(Kurumajizō/Fuji Oyama Hospital)				123.5	13.5	16:46	16:58
	Cemetery Entrance				125.1	11.9	16:49	17:01
	(Fuji Cemetery)				127.1	9.9	16:52	17:05
	FSW East Gate				129.8	7.2	16:56	17:09
	Litter Zone	 			133.8	3.2	17:03	17:16
Finish				137.0	0	17:08	17:21	